

Mammography **QUICK FACTS**

At Johns Hopkins Medicine's **Sullivan Breast Center**, we strive to provide the highest quality breast care through early detection. Our radiologists are medical experts dedicated to breast imaging, and our team is focused on your care. We're conveniently located at Sibley Memorial Hospital in Washington, D.C.

What you need to know about mammograms:


- Annual mammograms are the best way to detect breast cancer early. Early detection leads to less morbidity and better survival rates.
- 3D tomosynthesis mammography is available for all of our patients and allows us to analyze the breast tissue 1mm view at a time, providing more detail and potentially earlier detection of breast cancer.

When and how often to get mammograms:

- According to the Society of Breast Imaging, women at average risk for breast cancer should begin getting annual mammograms at age 40.
- Always talk with your doctor about when to start getting mammograms. Breast cancer screening should be tailored to each woman.
- Women who have a family history of breast cancer or genetic factors such as a mutation of the BRCA gene, generally start screening earlier.
- Our high-risk clinic helps to determine the most appropriate screenings, including breast MRI.

Why Johns Hopkins:

- The Sullivan Breast Center at Sibley is a dedicated breast imaging center with a compassionate multidisciplinary team who focuses on your comfort. Our team includes:
 - Specialized, dedicated breast imaging radiologists who are fellowship trained and incorporate the most recent advances in our care.
 - Breast imaging technologists trained to ensure the highest quality images are taken with minimal discomfort.



Schedule a screening or a Diagnostic mammogram online at mychart.hopkinsmedicine.org or call 202-537-4795.



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The **Sullivan Breast Center at Sibley** is part of Johns Hopkins Medicine. Located in Washington, D.C., our specialists bring the most advanced care available to our region. Located in a dedicated women's imaging suite, all exams are conducted by technologists who work only in breast imaging and are specially trained in mammography.

Services We Offer:

- 3D tomosynthesis mammography
- Breast ultrasound
- Breast MRI
- High Risk Clinic
- Minimally invasive image-guided breast biopsy
 - Ultrasound-guided
 - 3D guided/stereotactic guided
 - MRI-guided

Our Specialists:

Our breast imaging specialists are faculty members with the Johns Hopkins Division of Breast Imaging. Each of our specialists is board certified in radiology and has completed an extended breast imaging fellowship at Memorial Sloan Kettering Cancer Center.



POUNEH RAZAVI, M.D.

Director of Breast Imaging
in the National Capital Region

FELLOWSHIP:

Memorial Sloan Kettering Cancer Center

RESIDENCY:

Georgetown University Hospital

MEDICAL SCHOOL:

Georgetown University School of Medicine



SANDRA POLIN, M.D.

Clinical Associate

FELLOWSHIP:

Memorial Sloan Kettering Cancer Center

RESIDENCY:

Mount Sinai Hospital

MEDICAL SCHOOL:

Eastern Virginia Medical School



SARA SHAYLOR, M.D.

Clinical Associate

FELLOWSHIP:

Memorial Sloan Kettering Cancer Center

RESIDENCY:

Hospital of the University of Pennsylvania

MEDICAL SCHOOL:

Virginia Commonwealth University

High Risk Breast Clinic:

The High-Risk Breast Clinic is a comprehensive program for patients who are at increased risk for developing breast cancer. We offer a variety of services for the prevention and early detection of breast cancer in high-risk patients.

As part of the Johns Hopkins Kimmel Cancer Center, we work with a multidisciplinary team of breast surgeons, medical oncologists, radiation oncologists, pathologists and genetics specialists to create individualized treatment plans when cancer is detected.

To schedule an appointment: 202-537-4795

Sullivan Breast Center | Sibley Memorial Hospital
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